



cmetb

Bord Oideachais agus Oiliúna
an Chabháin agus Mhúineach
Cavan and Monaghan
Education and Training Board

www.fetchcourses.ie

Community Education

Cavan Tel: 049 436 1881
Email: gemmabradycmetb.ie

Adult Literacy

Cavan Tel: 049 435 3951
Email: siobhanmcentee@cmetb.ie
Ballyjamesduff Tel: 049 855 3528
Email: reginaclarke@cmetb.ie

CMETB Adult Education Services

ESOL

English for Speakers of
other Languages

Cavan Tel: 049 436 1881
Email: patriciamartin@cmetb.ie

AEGIS

Adult Education Guidance &
Information Service

Cavan Tel: 049 437 7001
Email: jasondonohue@cmetb.ie

Skills for Work

Cavan Tel: 049 435 3964
Mob: 087 929 3531
Email: noeletedolan@skillsforwork.ie



Cavan Institute Open Day
Friday 31st March 2017 10am - 7pm
Saturday 1st April 2017 12pm - 7pm
All Welcome

CMETB Apprenticeships & Training Services offers a range of programmes throughout Cavan and Monaghan

For Further info on courses:
Siobhan/Nicola - 049 435 3923

For further info on apprenticeships:
Gaye/Maggie - 049 435 3922





CAVAN

*To register for any of the taster sessions below Tel: 047 30800 Email: aegis@cmteb.ie

	Monday	Tuesday	Wednesday	Thursday	Friday
10am - 1pm	Historical Cavan Town Walking Tour <i>Church View Square</i>	Introduction to Smartphones <i>Johnston Library</i>	International Cookery <i>Bridge Street Centre</i>	Using the Library's online resources <i>Johnston Library</i>	Timesaving One Pot meals <i>Bridge Street Centre</i>
7pm - 10pm	Creative Writing <i>Bridge Street Centre</i>	Making College Applications <i>Johnston Library</i>	Conversational German for Beginners <i>Bridge Street Centre</i>	Mindfulness <i>Johnston Library</i>	

COOTEHILL

	Monday	Tuesday	Wednesday	Thursday	Friday
10am - 1pm	Minding your skin, the correct routine <i>Youth Cafe</i>	Mindfulness <i>Library</i>	Arts & Crafts for you and your child <i>Youth Cafe</i>		Using the Library's online resources <i>Library</i>
7pm - 10pm	Making College Applications <i>Youth Cafe</i>	Genealogy <i>Library</i>		Blogging <i>Youth Cafe</i>	

BALLYJAMESDUFF - ADULT EDUCATION CENTRE

	Monday	Tuesday	Wednesday	Thursday	Friday
10am - 1pm	DIY for women	Paediatric First Aid	Introduction to Smartphones	Springtime stencil painting	Creating a herb garden
7pm - 10pm	International Cuisine	Minding your skin, the correct routine	Conversational Irish for Beginners	Creating Bird Tables	

BELTURBET/BALLYCONNELL

	Monday	Tuesday	Wednesday	Thursday	Friday
10am - 1pm	Drama and Physical Theatre <i>Belturbet Railway Station</i> Creative Writing <i>Church Centre Ballyconnell</i>	Maths for Primary Parents <i>Belturbet Library</i>	Minding your skin, the correct routine <i>Church Centre Ballyconnell</i>		Planting, Pruning and maintaining trees <i>Ballyconnell CAMCAS</i>
7pm - 10pm		Social Media and Smartphones <i>Church Centre Ballyconnell</i>	Reflexology <i>Church Centre Ballyconnell</i>	Social Media and Smartphones <i>Belturbet Library 6.30pm - 8.30pm</i>	

BAILIEBOROUGH (BDA)/ KINGSCOURT COMMUNITY DEVELOPMENT OFFICES

	Monday	Tuesday	Wednesday	Thursday	Friday
10am - 1pm	Get the best from your smartphone <i>Bailieborough</i>	Creating smokey eyes & contouring <i>Kingscourt</i>	Creating Photobooks <i>Bailieborough</i>	Maths for Parents <i>Kingscourt</i>	Hand and Arm massage <i>Kingscourt</i>
7pm - 10pm	Understanding your tax credits and entitlements <i>Bailieborough</i>	Paediatric First Aid <i>Bailieborough</i>		Planting, pruning & Maintaining Trees <i>Bailieborough</i>	

